



Dear Parents,

We are very excited about your child attending Camp ACC this summer. There are many great things planned.

Enclosed with this letter you will find the following information. Please read each carefully to be aware of the camp policies and what you will need to do to get ready for Base Camp.

- *Church Payment Authorization Form -*
If your church will be paying a portion, we must receive this completed form to authorize us to bill them.
- *Wilderness Off-Campus Release Form – must be signed & returned to the camp if you did not submit online*
- *Base Camp Packing List, Dress Code, Getting Ready for Camp and General Information*
- *Leave No Trace & Wilderness Safety Requirements*
- *Camp Policies and Code of Ethics*
- *Care Packages*

These are the remaining steps to complete the registration process:

- 1. Pay any remaining tuition balance and send in release form.** Taking care of these prior to the start of camp will reduce the check-in time considerably.
- 2. You may call or email a request for a *Consent for Medication Administration form*.** You can also download and print it at <http://campacc.com/pdfs/Consent for Medication Administration.pdf>.

This is for campers bringing medication – both prescription and non-prescription. Filling this form out ahead of time will save you time when you check-in. The form and all medication must be turned in to the First Aid Attendant upon arrival.

A Special Note on Your Arrival Time:

Base Camp check-in will be open beginning at **4:30pm** on the start date of your camp session. There is little benefit to arriving before the scheduled check-in time and will only cause you to wait for that time to arrive. If you cannot arrive at **4:30pm**, please call the camp during the previous week to let us know.

If you have any questions, please call the camp office or email us at info@campacc.com.

In Christ,

Aaron Morris
Executive Director

p.s. To keep up with the latest news on summer camp, please visit www.CampACC.com.



Church Payment Authorization

If your church will be paying a portion of the tuition, this form must be completed, and a church representative must sign it. We must receive this completed form to authorize us to bill your church and for you to qualify for Express Check-in.

Church Name: _____

Camper Name: _____

Camp session camper is attending: _____

Amount church will pay: _____

Church Representative Name: _____

Position (Minister, Youth Minister, etc.): _____

Church Representative Signature Date

Send your completed form by email, fax, or postal mail to:

info@campacc.com

(423) 743-3910 Fax

CampACC
512 Cross Circle
Unicoi, TN 37692



Wilderness - Base Camp Activity Consent & Liability Release Form

If you did not register online, please read and sign this form.

Send to: Email info@campacc.com / Fax (423) 743-3910

Camp ACC - 512 Cross Circle - Unicoi, TN 37692

Wilderness camps differ greatly from our regular camps in the activities that are involved, and this form is to make you aware of these and to get your explicit permission for your child to participate in these activities. The specific activities may vary slightly, based on weather conditions and the program set forth by that session's Program Director.

Base Campers will participate in a variety of outdoor adventure activities, some of which are listed below. Please initial each statement and sign at the bottom.

_____ I give my permission to Appalachian Christian Camp for my child to participate in all off-campus activities, including but not limited to hiking, caving, boating, horseback riding, and white-water rafting. Base Camp will return to CampACC each day and will not stay off-campus overnight.

_____ I attest that my child is physically fit to participate in somewhat strenuous and challenging activities such as hiking three miles on a mountainous trail, paddling in a white-water raft, and caving. I further attest that my child is willing to participate in such activities.

I hereby release Appalachian Christian Camp of all liability from injuries that might occur during Wilderness program activities.

Camper's Name _____

(Signature of Parent/Guardian)

(Date)

We look forward to your child joining us in this experience! We pray that each camper grows in their faith while here and that God is glorified through all we do.

BASE CAMP PACKING LIST

Label all items!

Provided by the Camp

- Rubbermaid container (All your clothing and gear, except for bedding, will need to fit in here. Pack light according to this list!)

Essentials

- Sleeping bag or twin sheets for bunk
- Pillow
- Toiletries (soap, shampoo, toothpaste, toothbrush, etc.)
- Shower Caddy or Large Ziploc bag for toiletries
- Towels & Washcloth (2 or 3 for shower)
- Pool towel
- Laundry bag
- Bible & pen (enclosed in zip lock bag)
- Any necessary medication – ***all medications must be given to the 1st Aid Attendant during check-in.***

Camping Gear

- Backpack (lightweight/ inexpensive for day activities)
- Water Bottle – 32oz. (Nalgene type are best.)
- Headlamp (with adjustable angle are best)
- Extra Batteries for Headlamp
- Sunscreen (in zip lock bag)
- Insect Repellent (in ziplock bag)
- Eyewear strap for those that wear glasses (Croakies)

Clothing

Nylon, synthetic, quick-drying fabrics are best! Cotton does not dry well.

We suggest packing each day's clothing in a labeled, large ziplock bag.

Although we will get dirty, please send clothing & shoes that are comfortable and fit well.

- 5 Short-sleeve shirts
- 5 Pair shorts
- 2 Swim suits (must be modest)
- Rain Jacket or Large Poncho (Absolutely!)
- Fleece jacket or sweatshirt
- 1 Long sleeve shirt that can get very dirty (for caving)
- 1 Pair of comfortable, long pants that can be ruined or heavily soiled (for caving)
- 1 Pair long pants (for chilly nights at camp)
- 6 pairs of underwear
- 6 pairs of socks
- Athletic or hiking shoes (Need to be comfortable for hiking several miles. Broken-in is best.)
- Pair of closed-toe shoes with decent tread that can be ruined (for caving)
- Sandals/water shoes that securely strap on or old tennis shoes (No Flip-flops or Crocs)
- 1 or 2 Bandanas

Personal extras

- Sunglasses
- Extra money for Canteen Account & Mission Offering
- Individual Drink Packets – *crystal light, gatorade, etc...*

What Not to Bring:

- X Food or drinks
- X MP3 players /CD players/
Radios or other audio players
- X Cell Phones / Tablets
- X Electronic games
- X Air-soft gun /Paintball gun or
any other recreational gun
- X Firearms
- X Knives or other weapons
- X Fireworks
- X Tobacco products of any kind
& alcoholic beverages are not
permitted on the campgrounds
at any time.

*Any of these items will be
confiscated.*

CAMP ACC DRESS CODE

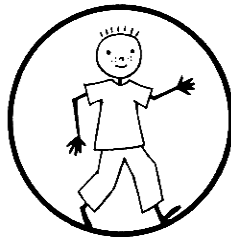
Campers must follow the Camp ACC dress code, which is casual and modest. Shoes must be worn on the campgrounds at all times. Remember to bring clothes that can get very messy.

Swimming & Water Activity Dress Code:

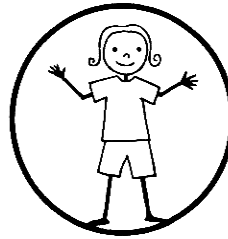
Girls – Swimsuits are to be a modest one-piece or “tankini” that completely covers the midriff. No suits that are too tight or low cut, bare midriffs, or bikinis. Tank tops at the pool should be modest.

Boys - Boxer-style swimsuits only please. No low-slung shorts or pants, tight shirts or short shorts.

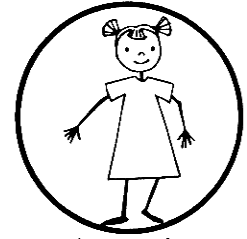
HOW TO DRESS AROUND CAMP



DRESS CASUAL
PANTS AND T-SHIRTS ARE
GREAT



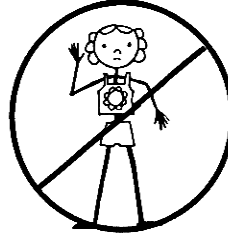
SHORTS ARE GREAT TOO.



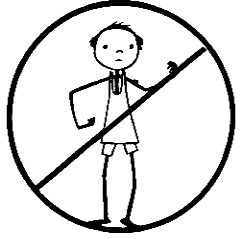
GIRLS CAN WEAR DRESSES
OR SKIRTS IF THEY WANT.



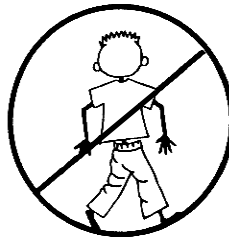
NO TIGHT SHIRTS, SWEATERS,
PANTS, OR SHORTS PLEASE.



NO SPAGHETTI STRAPS, BARE
MIDRIFFS OR SHORT SHORTS.



PLEASE GUYS, NO TANK TOPS
OR SHORT SHORTS.



REAR-VIEW / NO THANKS!
KEEP YOUR PANTS PULLED UP.



HEY GIRLS! NO SHORT SKIRTS
OR LOW-CUT TOPS.

Getting Ready for Camp & General Information

Canteen Accounts:

Camper money deposited in a canteen account can be used for purchases in the canteen and to make donations to the mission for that session. All donations to missions will be at the discretion of the camper, with the exception of any money left unused at the end of their session. Campers are given an opportunity to close out their account and receive a refund if they wish. All money left in accounts will automatically be donated to that session's mission.

Missions:

Because each camp session supports a foreign or local mission, campers will have opportunities to learn about the mission work performed and opportunities to contribute financially. Campers will be able to give at offering times and from their canteen accounts if they choose to do so. It is the parent's responsibility to instruct their child in how they want them to divide the money between canteen and missions.

Defeating Homesickness:

Homesickness Spreads Quickly from Parent to Child. We have found that many times parents are homesick for their children, while the children are fine. But, if a homesick parent calls or visits a child who is not homesick, the child soon becomes homesick.

For this reason, we discourage phone calls and visits with parents and/or siblings. If a child does get homesick, we will do our best to try to keep them involved in the activities of the camp and hope that it will pass. If it does not pass, we will allow your child to call you. If your child does not call, this is the best sign that things are **GREAT!**

Say Encouraging Things As You Leave. This can be the most helpful tool in defeating homesickness. Say things like, "You are going to have a great time!", "Look at all of the fun things you will be doing". Please resist the temptation to say things like, "I don't know how we are going to make it without you.", "Are you sure you're going to be OK?", "The house sure will be empty without you there." Focus on the positives!

Phone access:

Campers are not given access to the phones. Exceptions will be at the discretion of the Camp Administration and the Program Director of each session. Cell phones are not permitted.

Visiting the camp:

Visiting the campers is discouraged. Besides the obvious distraction it could cause to the program, the visit can also cause a camper to become homesick. Please notify both the Program Director and the Camp Director if you must visit your child.

Leaving campus:

Campers are only allowed to leave campus for scheduled camp activities. If you need to take your child off campus, please let the Program Director and Camp Director know when and for how long the camper will be gone. We need this information as soon as possible.

Luggage Drop-Off:

Please tag all luggage before arriving - we will not be providing luggage tags during check-in. The Camp ACC staff will gladly transport your camper's luggage to their lodging facility.

Lost and Found items:

Camp ACC is not responsible for items left behind, lost or stolen. It is recommended that all items be labeled. Lost and Found items will be kept at the camp for 4 weeks and then donated to charity if not claimed.

Baptisms:

Parents/Guardians will be called for permission for and invitation to all baptisms. The camper will have the opportunity to notify his/her minister/church with an invitation to attend. Certificates of baptism will be issued by Camp ACC to all campers baptized at Camp ACC.



****** Wilderness campers must read and agree to follow these outdoor recreation guidelines to the best of their ability, in addition to the standard Camp ACC rules. ******

Be Considerate of Other Visitors

- Preserve the solitude. Respect others by traveling and camping quietly (be aware of quiet time). Keep radios at home. Camp as far away from other visitors as you can to avoid creating noise and visual "pollution".
- Uphill hikers have the right of way.
- Base your backcountry decisions not only on how your actions will impact the environment but also how they may affect others as well.

Dispose of Waste Properly

Pack It In, Pack It Out

- You are responsible for everything you bring into the backcountry. Carry out your trash!
- Food scraps will attract insects and animals. Carry out your food scraps with the rest of your trash.
- Practice "Negative Trace". Pick up trash that others may have missed or that were dropped by accident. Pick up trash you find along the trail.

Leave What You Find

- Take only pictures, leave only the lightest of footprints, and bring home only memories.
- Leave the place you're visiting in a natural condition. You can't improve Nature. Do not alter a site in any way. Don't pound nails into trees or damage live vegetation or trees.

Respect Wildlife

- Treat the animals you encounter with respect. Remember that you are a visitor and are traveling and camping in their backyard. Observe wildlife from a distance.
- Do not feed the animals! You will create a nuisance because the animal will develop a taste for human food, associate humans with food, and then raid our campsites to steal our food. Cook and eat away from your campsite so you don't attract bears.

Wilderness Safety Requirements



General

- No playing around, pushing, tripping, etc.
- Watch your step in the wilderness. You need to be extra careful when hiking or involved with other outdoor activities.
- Always stay in pairs!
- Listen and follow your leaders

Camping

- Know your camp area! Do not wander off!
- Let your leader know where you are at all times!

Hiking

- Watch your step (loose rocks) at all times to avoid injury.
- Watch for tree limbs or briars in the path.
- Keep a safe distance from the hiker in front of you.
- Stay on the trail.
- Do not approach, feed, or play with wild animals!

Climbing

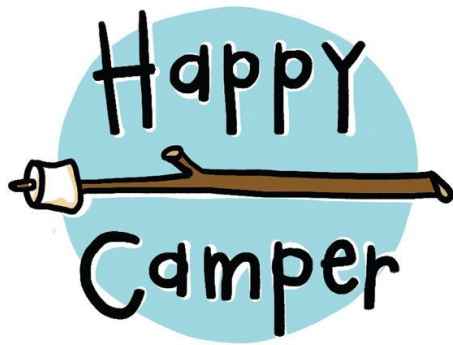
- Never stand close to the edge or cliff!
- Do not throw anything off the edge or cliff!
- Do not walk or step on the rope.
- Yell to the climber if something is falling...Yell Rock!
- Listen to your leader for instructions.

Have A Great Adventure And Keep It Safe!



Policies and Code of Ethics

1. All Students, Parents, Program Directors, Staff and Visitors are expected to conduct themselves appropriately. Unacceptable behavior by anyone will result in dismissal.
2. Students failing to respond to the authority of all camp staff will be dismissed.
3. Students caught stealing and/or pilfering through others' belongings will be dismissed.
4. Any student using or in possession of alcohol, tobacco products, drugs, firearms or other weapons will be dismissed.
5. Any student caught ingesting or inhaling any substance deemed harmful or intended to induce a "high" will be dismissed.
6. Students caught in the sleeping area of the opposite sex will be dismissed.
7. No food or drinks are allowed in the dormitories or lodge. All food and drinks found in these areas will be confiscated immediately.
8. Campers are not permitted to carry cell phones. Permission to use camp phones must be obtained from the Camp Director or Program Director.
9. Students who leave the camp without permission from the Program Director and the Camp Office will be dismissed upon their return.
10. Students who fail to abide by the Program Director's schedule (exceptions: sickness, injury) will be subject to dismissal.
11. Students who refuse to follow the *Dress Code* will be subject to dismissal.
12. All medications must be given to the 1st Aid Attendant during check-in. Students caught with any medication in the dormitories will be subject to dismissal.
13. Students who drive to camp must lock their cars upon arrival and not return to them without the explicit permission of the Program Director. Any student with unauthorized access to their vehicles will be subject to dismissal.
14. Students will be charged for any property that is damaged either deliberately or as the result of unauthorized activities.
15. Visitors must check in at the Camp Office or with the Program Director if the visit is after office hours.
16. Pets and all other animals are not permitted without prior authorization. If authorization is given, all animals must have current rabies vaccinations and must be restrained at all times on campus.



Care Packages ♥

The CampACC gift shop gives you the opportunity to put together a care package for your child that will be delivered by us on the day you choose! The basic care package includes: gift bag, CampACC pen, CampACC sticker, 3 types of snacks/candy, note card, & delivery. You may choose to purchase additional items to include.

Here's how it works: During check-in, our Gift Shop will be open in the Gym. All you do is: pick-up a bag, fill it with any extra goodies you choose, write a note to your child, and choose the day you want it delivered. Extra items for sale will vary: Camp ACC stuffed animals, Camp ACC Nalgene bottles, flashlights, Camp ACC journals, bags and much more!

Campers love to receive a note or package from home and it can help reduce homesickness. All proceeds go to further the camp's ministry!

**Check it out in
the Gift Shop!**